

Important Information for WWOOFers

1. Please wake up early every day (in Summer at 5am, other times at 6am).
2. Many people ask us `Why do WWOOFers come to stay at our home?`
 - Delicious vegetarian food
 - Art
 - Farm work
 - Education
 - Various activities
3. Greetings are important. For example:
 - ohayo gozaimasu (Good morning)
 - shitsureishimasu (when entering household)
 - ittekimasu (I'm going now, see you later!)
 - tadaima (I'm back/I have returned)
4. Please always try your best (isshokenmei)
5. Husband and wife study every morning from 5am about the question `Why do we live.

If the work is too hard for you, you can feel free to leave at any time.